

## Duties Of Altar Boys And Girls In The Celebration Of The Eucharist In The Lahewa Parish And The Hati Kudus Yesus Teluk Dalam Parish

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### ARTICLE INFO

#### Article history

Received

Revised

Accepted

#### Keywords

Duties

Altar Boys and Girls;

Eucharistic Celebration

### ABSTRACT

Task altar boys and girls in celebration liturgy Eucharist is Wrong One tasks to be done lived with heart happy . Objective study This For know about task altar boys and girls in celebration Eucharist as well as How understanding for altar boys and girls in operate his duties in accordance with order method And attitude in liturgy Church . Method research used is study qualitative with approach studies case . Election sample in study This use technique purposive sampling . Technique data collection was carried out with technique observation , interview And documentation . Through learning And the coaching provided to altar boys , they capable operate task with Good . Through the example of Saint Tarcisius , makes altar boys and girls are getting bigger discipline And responsible answer in operate task . Become a altar servers not just For enliven celebration Eucharist but become altar server meaning become waiter Lord And all over people . Become altar boys give impact positive specifically for people teenager Catholic in life daily in develop faith And become means For near with Lord . Although thus , the altar boys still need coaching And teaching specifically so that they the more understand involvement And task they in celebration Eucharist.

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## 1. Introduction

The Catholic Church has many platforms to involve its congregation in various church activities. The liturgical field requires liturgical officers, including altar boys, to participate in liturgical celebrations. Catholic youth, in this case, have an important role to play, especially in carrying out duties as altar boys. As altar boys, it is hoped that they will receive the necessary guidance, not only knowledge about the ins and outs of the Church. However, Catholic youth should be equipped with an understanding of how they should be as teenagers in their relationships both within the Church and in society . Catholic youth are a major force in the development of the Church to this day (Catechism of the Catholic Church, 2007).

The involvement of Catholic youth in the effort to unite with Christ is a manifestation that every Catholic youth must live. Not only recognizing the church as a place of fellowship, but Catholic youth should also know and participate in church life with Christ. This involvement is one attitude of responding to what God desires and desires for the people, especially for today's youth. Realizing the task of service by youth can be done through service in the liturgy, especially in the celebration of the Eucharist. This participation is one way to develop and realize a child's faith (Catechism of the Catholic Church, 2007).

The Eucharist is the source of Christian life to unite with God. In the document *Mysterium Fidei* states that the sacred liturgy occupies the first place in the life of the Church, and the mystery of the Eucharist is the heart and center of the sacred Liturgy, because the Eucharist is the source of life that sanctifies and strengthens us (the Church) so that we no longer live for ourselves, we are united by a very close bond of love. The Eucharist is a symbol of God's love for those who believe in Him. Through the Eucharist God manifests His love for humanity and also shows strength for believers (*Mysterium Fidei*, 196).

The Eucharist is a memorial of Christ's Passover, which presents and sacramentally offers the only sacrifice in the liturgy of His Body, namely the Church. In the celebration of the Eucharist we remember the story of the passion, death and resurrection of Christ. The Eucharist is the source and peak of the spirituality of the Christian faith because through the Eucharist we are invited and united with Christ himself by receiving Him under the appearance of bread and wine. In the celebration of the Eucharist, we participate in the Mystery of Christ himself, namely the mystery of the salvation of mankind (*Catechism of the Catholic Church*, 1993). Catholic youth are one of the actors in church activities where they generously give their readiness to participate in every activity both inside and outside the Church.

In the celebration of the Eucharistic liturgy Young Catholics should take part in carrying out the special duties of liturgical celebrations. Being present as a congregation by consciously and actively participating in all celebrations is a full participation in giving oneself to God. Some areas of lay service in the Eucharistic celebration include: being liturgical officers such as lectors, altar boys, psalmists, or other officers. Being an altar boy or girl provides a forum for children and young people to be actively involved in church life. The Catholic Church desires that all young Catholics take on duties in the work of service in the Church. Doing this actively and consciously is a real manifestation of carrying out service activities (*Adolf Heuken, Encyclopedia*, 2005).

Before the word altar server was known until now, altar servers in ancient times were known as acolytes. Acolytes were known as altar servers who carried candles, bread, and wine and assisted the congregation in the Eucharistic celebration. An acolyte (altar boy) is one of the lower positions in the Church. acolyte tasked with serving the altar table, namely assisting the priest and deacon in the administration of the Eucharist. One way to continue God's redemptive work for Catholic youth is to become altar boys and girls. Altar boys or in other words called altar servers are young people who carry out a liturgical function. They have their respective roles in carrying out their duties as an altar server such as carrying the offerings (bread and wine) to the altar and accompanying the priest/deacon in distributing communion, carrying the chalice, water and books if needed. They also take part in major celebrations in the Catholic Church. However, in the celebration of the Eucharist altar boys are often less involved in giving themselves in carrying out their duties, but rather prefer to do other activities rather than giving themselves in the service of the Church.

An altar server certainly goes through a coaching and understanding process first. Mass ministers should be provided understanding and guidance, in the form of catechesis that can help them understand what they are doing when carrying out their duties and obligations. Carrying out these duties should be done with sincerity and full awareness for the executor. Without prior understanding and guidance, the realization of the duties of being an altar boy or girl will not go well (*Can. 231*). Nowadays, being a Mass server is not only done Not only boys, but women also participate in carrying out ministry duties in the Church, especially as altar servers. This provision can be implemented in accordance with the policies of the Diocesan Bishop, taking into account established norms.

Saint Tarcisus is one of the patron saints of altar boys and girls, and he serves as a role model for young men of courage and devotion. Through Saint Tarcisus, altar boys should emulate his willingness to die to protect the Sacred Host. Likewise, this attitude should serve as a role model for them in carrying out their duties. Becoming an altar boy It's not an easy task, and it's not just about joining in the fun or simply wanting to be known by the congregation. However, the primary task of altar servers is a special and noble calling and mission. The Church places great emphasis on the participation and involvement of the faithful, especially in becoming altar servers, consciously and actively. Altar servers also need to internalize their duties as servants of the priest and carry out their duties with steadfastness and sincerity (*Benedictus Giuseppe et al., Miracles of the Eucharist*, 2012).

## Who those are the Altar Boys and Girls

In synonyms, altar servers are altar boys and girls. Male altar servers are called altar boys, while female altar servers are called altar girls. When both male and female altar servers perform their duties, they are called altar boys ( E. Martasudjita, Mistress Guide, 2008 ). Altar boys are those who assist the priests during the Eucharistic celebration. Altar boys consist of men and women who have been baptized in the Catholic Church and have received their first communion. In other words, the term for men is altar boy while for women they are called altar girls. As altar boys, they have their respective duties during the celebration of Mass. There is no age requirement to become an altar server, but they must be baptized and have received their first communion in the Catholic Church ( Leonardus Amuristian Daely, et al., Mistress Handbook, 2012 ).

Being an altar boy or girl means being a child who serves the altar. The altar server provides a platform for children and young people to actively participate in Church life. Being an altar server has a positive influence on children and young people in building character because they become role models for the congregation. Furthermore, altar servers are able to develop a nature that easily builds relationships with others and makes them become children or young people who are involved in organizations. The altar servers are expected to have a spiritual attitude, namely carrying out their duties with love, being open and humble, being responsible, and serving with a spirit of selfless devotion. One exemplary attitude that altar boys must have is maintaining their attitude and language while carrying out their duties at Mass. This attitude shows that altar boys indirectly become heralds of the Church, providing examples of good and correct behavior and gestures to the congregation during the Eucharist. Altar boys also take a direct part in the great mystery of the faith. An altar server must be aware that he or she is a servant. A servant in the Church's understanding is: "a person who serves God and His people. If they have fully become an altar server, their lives must be in accordance with the word of God. Every servant must have an attitude of loyalty in the mission of loyalty in the mission as carried out by Jesus as the key to human life and acknowledge that Christ is the Lord Teacher who is an example for his life. Therefore, altar boys and girls are required to show the attitude of serving Christ among the people as a sign of their loyalty, especially serving others. Faithful servants of Christ must be truly and completely brave to proclaim Christ (Conference of Bishops, Catholic Faith, 1996 ).

## Duties of the Altar Boys and Girls Celebration Liturgy Eucharist

Being an altar boy or girl is inseparable from the duties of an altar server. Altar boys should be able to understand the main role in the Church's liturgical service, not just serving with a casual attitude but they should understand more clearly how to be a servant of Christ in the celebration of the Eucharist. Altar boys are also able to understand and truly comprehend the order of the celebration of the Eucharist. This can be seen in every major celebration in the Church, especially in the celebration of the Eucharist, the involvement of altar boys is very necessary to assist the priest in carrying out his duties. Thus, the celebration of the Eucharist can take place with wisdom and grace ( Girin Franca Wanda, et al., Journal of Pastoral Catechetics, December 2017 )

The task of serving as altar boys and girls is a special and noble calling and mission. In essence, the Church's liturgy demands the full, conscious, and active participation or involvement of the faithful. The Church desires that every faithful be actively involved, as well as a full liturgical officer. Therefore, the role of altar server is an opportunity for Catholic youth to carry out the Church's mandate, namely, to actively participate in the Church's liturgy. Through baptism and confirmation (to the extent they have received), these youth should become active Catholics and participate in the various duties and responsibilities of the Church.

## Altar Server

Altar boys and girls are lay servants who are tasked with serving the altar, assisting the priest and deacon. The role of altar boys and girls is also stated in the 1996 Javanese regional liturgical guidelines: "to accompany the liturgical leader, so that the needs of the priest are met, who in a certain sense represents the congregation around the altar. Altar boys or altar servers can add to the festivity of the celebration, especially on feast days and other important days in the Catholic Church." The role of an altar server in the celebration of the Eucharist is as an altar server. A servant in the Church's understanding is one who serves God and His people. The celebration of the Eucharist requires an altar server who truly understands the order of the celebration of the Eucharist, which is graceful and solemn. The altar server should have respect for liturgical equipment,

especially blessed mass equipment such as the chalice, censer, crucifix, and other items ( Leonardus Amuristian Daely, et al., *Mistress Handbook*, 2012 )

In the Catholic Church, altar servers play a vital role in carrying out Catholic traditions. They assist the priest during the liturgical celebration, ensuring the smooth running of the Eucharistic celebration. They serve from the sacristy to the end of Mass. Their involvement in the life of the Church is crucial. The altar servers' understanding of their duties and functions is also gained through their experience in Eucharistic celebrations. The altar servers serve together in Eucharistic celebrations alongside more experienced altar servers. The duties of altar boys and girls are closely related to the books and other objects used in the liturgy ( E. Martasudjita, *Panduan Midinar*, 2008, p. 13 ). As they assist the priest, the altar servers are closest to the priest and even accompany him to the sanctuary. Therefore, every altar server on duty is required to maintain proper behavior and language while serving in Mass. This aims to maintain the solemnity of the Mass and at the same time provide an example for the congregation on how to properly attend the Mass. In this regard, there are two main points worth emphasizing. First, the altar server indirectly serves as a herald of the Church, informing the congregation of the correct procedures for attending Mass, as the altar server's movements during Mass are similar to those of the congregation, but different from those of the priest. Second, the altar server has a special role in the mystery of the Eucharist.

### **Spirituality of Altar Boys and Girls**

#### *1) Life Prayer A altar server*

Like all Christians, an altar server should be mindful of their prayer life. An altar server should have time for personal prayer and prayer with friends, in addition to the liturgical prayer during the Eucharist. Prayer is an important and essential part of life. This prayer life is the driving force and encouragement in serving around the altar ( Liturgical Commission of the Diocese of Surabaya, *Guidelines for the Attendant* ). The Apostle Paul's invitation to the Thessalonians can be an encouragement to diligently persevere in prayer. "Rejoice always. Pray continually. In everything give thanks; for this is God's will for you in Christ Jesus." (1 Thessalonians 5:16-18) Always Rejoice . An altar server should always be joyful, because they are close to God. Among children and young people of their age, they are chosen and called to serve God around the altar, near the priest who offers the sacrifice in the Eucharist. Therefore, an altar server's life should always be filled with joy and happiness.

#### *2) Still Pray*

An altar server must never forget to pray. They should even be an example to the congregation, especially young people, in prayer during the Eucharist. Whether by praying silently or speaking the words and phrases of prayer with the priest leading the Mass, the altar server serves as a role model for the congregation.

#### *3) Saying I'm grateful In All things*

An altar server who is always joyful and diligent in prayer will cultivate a sense of gratitude and thankfulness in his life. Therefore, an altar server is complete if he always learns to express gratitude in all things.

#### *4) Embracing Task altar server As Devotion To Lord*

From the meaning of the word altar boy or altar girl, we can see how spiritual an altar boy should be. They should be ready to serve the priest at the altar. By serving the priest around the altar, an altar boy is already devoted to God. His devotion is manifested in earnest service.

#### *5) Liturgical Movement*

The distinctive characteristics of liturgy in the Catholic Church are usually seen in the movements and postures during liturgical celebrations. This has many and varied physical expressions, movements and symbols such as kissing or touching statues, places of saints and also sacred objects; walking, kneeling or prostrating. These expressions are passed down directly to all the faithful both outwardly, in spirit and strong commitment. The movements in the liturgy express our inner experience and our participation in the celebration of the Eucharist ( E. Martasudjita, *Guide for Mistresses*, 2008 ).

#### *6) Walk*

Walking is a very elementary human movement. In the liturgy, walking is also said to be an elementary liturgical symbol. However, walking in the liturgy is not a casual walk, but rather an

expression of the essence of God's people on pilgrimage and moving toward a heavenly land, their true homeland. Walking can also be understood as an expression of our readiness to actively welcome and respond to God's offer of grace that is always before us ( E. Martasudjita, Guide to Altar Waiters, 2008 ).

7) *Stand*

Standing is a liturgical symbol that expresses attention, care, respect, and readiness for God's presence. Furthermore, standing also expresses readiness to respond, listen, receive, be sent, and work.

8) *Sit*

Sitting is generally seen as a quiet posture for listening, waiting, or resting. In liturgical terms, sitting symbolizes the faithful's readiness to hear God's word.

9) *Bow your head, bow and kneel*

The gestures of bowing, stooping, and kneeling actually convey the same meaning but differ in their weight. All three gestures express or convey reverence for God while simultaneously expressing our sense of unworthiness before Him. The first act of reverence for the altar is a solemn bow and kneeling in the presence of the tabernacle or the Blessed Sacrament.

10) *Lying down*

Lying face down, or often known as lying face down, is an expression of impiety or a feeling of sin before God. Lying face down is typically performed by candidates for deacon, priest, and bishop during ordination, and is also performed by priests during Good Friday ceremonies.

11) *Hands Closed, Open, Raised, and Outstretched*

Hand movements truly reveal a person's entire being. Clasped hands express a gesture of reverence and worship to God. This is also a common gesture among altar boys and girls, both when walking and standing. Open hands convey surrender and an open heart. Raised hands symbolize a heart directed toward God, and outstretched hands symbolize total and complete surrender and openness to God.

12) *Sign of the Cross*

Before entering the church, the congregation usually first marks themselves or makes the sign of the cross with holy water which is beside the church entrance as an expression of our faith in the Triune God.

## 2. Method

### 2.1 Research methods

Research uses a qualitative research method ( qualitative research). research ). Qualitative research emphasizes the quality or most important aspect of a product or service. The most important aspect of a product or service, whether in the form of events, phenomena, or social phenomena, is the meaning behind the event, which can be a valuable lesson for theory development. This research was conducted at the Lahewa Parish and Sacred Heart of Jesus, Teluk Dalam. The authors used qualitative research methods in this study . research ), especially using a case study approach . Case studies are an in-depth qualitative research approach regarding groups of individuals, institutions, and so on over a certain period of time ( Eko Sugiarto, Compiling Qualitative Research Proposals, 2015 ).

### 2.2 Population and Sample

The population in this study was all altar boys and girls in the Lahewa Parish and the Sacred Heart of Jesus Parish in Teluk Dalam. They were altar boys and girls who had been members of the altar server group for at least three years. They were the sample in this study. Because the researcher believed that altar boys and girls who had been members of the altar boys for at least three years, their knowledge of the duties and responsibilities of altar boys was very well known and understood.

In this study, the researcher used a purposive sampling technique , in which the researcher selected a sample of data sources that had knowledge in accordance with the research to be studied and the research needs, especially related to the duties of altar boys and girls in the Eucharistic celebration at the Lahewa Parish and Sacred Heart of Jesus Teluk Dalam. Data collection techniques

were carried out using observation, interviews and documentation techniques . The purpose of data collection techniques is to obtain valid data or data obtained that is not different from the actual data that occurs on the object in a study so that the results and conclusions are not doubted or refuted. Meanwhile, data analysis techniques in qualitative research are carried out during data collection and after completion of data collection within a certain period. During the interview, the researcher has analyzed the interviewee's answers. If the interviewee's answers after being analyzed are not satisfactory, the researcher will continue the questions again, to a certain stage until credible data is obtained

### 3. Results and Discussion

Altar boys are young Catholics who play an active role in the Church. Their primary duty is to serve as altar servers, assisting the priest during the Eucharist. Saint Tarcisius, the patron saint of altar boys, through his exemplary life, further motivates them to carry out their duties as servants.

Based on the data and information obtained by the researcher, it is known that the altar boys and girls' duties in Lahewa Parish and Sacred Heart of Jesus Parish in Teluk Dalam are being carried out well. The learning process has helped the altar servers gain a better understanding of their roles and duties as altar servers. Saint Tarsisius is the patron saint of the altar boys and, through his exemplary life, has motivated young Catholics to become altar servers.

Through learning and guidance from the altar servers, the altar servers have become more aware of their role in the Church. The altar servers have also been able to understand the meaning and significance of the liturgy, liturgical instruments, and liturgical movements. A calm and focused attitude is one of the characteristics of the altar server's attitude while on duty. The requirements for becoming an altar server are having been baptized in the Catholic Church and having received first communion . The altar servers are very much needed in the celebration of the Eucharist because they assist the priest during the Mass. Being an altar server has a positive impact on teenagers, especially in developing faith, teaching them to be more disciplined and responsible in carrying out their duties.

The altar server activities at the Lahewa parish and the Sacred Heart of Jesus parish in Teluk Dalam have been carried out well. This can be proven based on the results of interviews and observations conducted by the researcher.

1. The requirements for becoming an altar server are baptism in the Catholic Church and first communion. Becoming an altar server is more likely for teenagers and unmarried adults. Becoming an altar server is an individual initiative, with the goal of fostering a deeper understanding of the duties of an altar server. Becoming an altar server is a way to foster a child's faith and foster discipline and responsibility in carrying out their duties.
2. The implementation and understanding of the altar servers' duties have been well-executed. This is evidenced by the altar servers' implementation and understanding of the duties of altar boys and girls. The understanding and implementation of the altar boys' duties have been well-executed , as evidenced by the fact that during every Eucharistic celebration, the altar servers consistently perform their duties as assistants to the priest. Learning and training activities for the altar servers are also conducted every Saturday before they begin their duties.
3. The altar boys' demeanor while carrying out their duties is calm and focused. The altar boys serve as role models and role models for the congregation in participating in the Eucharistic celebration.
4. The altar boys and girls' companions really give their time to accompany this group and always work together with the parents so that the parents provide good support to their children who become altar boys and girls and build good communication with the parish priest.
5. The parish priest also consistently supports every activity planned by the altar boys and girls group, ensuring that each activity runs smoothly and effectively.

#### 4. Conclusion

Based on results study about task altar boys and girls in the Parish Lahewa And Parish Sacred Heart of Jesus Bay In , can concluded that existence altar boys have very important role important in celebration liturgy Eucharist . As altar servers , they assist the priest in smoothness mass at a time become example for people through attitude And order movement solemn liturgy . Involvement This No only limited to technical liturgical , but Also is calling growing faith spirituality people young Catholic .

Study show that implementation task altar servers in both parish has walk with Good . This matter shown through increasing understanding Good to meaning liturgy , order movement , and use equipment liturgy obtained past learning , coaching routine , and mentoring from for mentor altar server . The teenagers involved in service This show attitude discipline , responsibility answer , calm , and focus during on duty . Parental support and parish priest Also become factor important in grow motivation And consistency service for altar boys and girls .

Besides that , involvement in task altar server give impact positive for development faith And personality teenager Catholic . Through service this , they Study For more near with God , build responsible character answer , and live the example of Saint Tarcisius who was willing sacrifice for faith . With thus , it becomes altar boys not just participation in liturgy , but rather Also means coaching faith And embodiment calling Christian .

By Because that , can confirmed that task altar boys and girls are very relevant And useful , good for smoothness celebration liturgy and for development faith people young Catholic . In order for the service This the more meaningful , necessary coaching sustainable , mentoring intensive , and good cooperation between companions , parents , and parish priests . With Thus , altar boys and girls can the more understand his role as waiter Lord And Church , at the same time become witness living faith in the midst public.

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